**What is CBD?**

CBD, short for Cannabidiol, is a chemical compound from the Cannabis Sativa plant, which is also known as marijuana or hemp.

You’ve probably heard the terms Cannabis, marijuana and hemp used in relation to CBD and it can sound quite shocking!

However, hemp extracted CBD contains less than 0.2% THC and is used in many forms including; oils, tinctures, tea, gummies, salve, spray, cookies and more.
It has been suggested it may contain medicinal properties and completely legal in the UK.

We at Kittys, have carefully sourced a range of top quality CBD products from mild to full spectrum CBD.

Rachel has a Diploma in CBD and medicinal cannabis so please feel free to come into the shop and ask any questions or message via this site.